**Title of Session:** Middle School Portal - Influenza

**Moderator:** Kimberly Lightle

Title of File: 20090511mspinfluenza

**Date:** May 11, 2009

Room: Middle School Portal Group

**LaurenF** joined the room.

**BJB2** smiles happily. Hi, Lauren!

**KimberlySL**: Hi Lauren

LaurenF: Hi!

**BJB2**: Is this your first discussion in Tapped In, Lauren?

**LaurenF**: Yes! I'm still just trying to figure it all out

**KimberlySL**: are you a pre-service teacher?

KimberlySL: science

**LaurenF**: pre-service?

**KimberlySL**: training to become a teacher

**LaurenF**: Oh no - I've been teaching for four years

**KimberlySL**: oh - what do you teach?

**BJB2**: Kim, why don't you introduce yourself to Lauren?

**LaurenF**: 6th grade self-contained (so math, language arts, science and social studies)

KimberlySL: I'ma science educator at Ohio State University - I teach pre-service and in-

service teachers

**KimberlySL**: where do you teach?

LaurenF: Oh wow - Ohio! I'm in Fontana, California at Southridge Middle School

KimberlySL: cool!

**KimberlySL**: I'll go ahead and get started - the topic tonight in Influenza but I thought I

would step back and talk about germs in general

**KimberlySL**: to begin with

**KimberlySL**: I also wanted to say that I have a project called Middle School Portal and most of the resources we talk about tonight are from that project

**KimberlySL**: so what is a germ?

**BJB2**: wow...good question!

**KimberlySL**: I think that lots of people think of being sick but germ is another name for microbe so a germ can be helpful and harmful

**LaurenF**: The body has lots of germs inside, right? But we need them to function?

**KimberlySL**: that is right

**KimberlySL**: The four main types of germs are bacteria, viruses, fungi, and protozoa.

**KimberlySL**: for instance yeast is a fungi and we use it for making bread, etc so they can be helpful

**KimberlySL**: <a href="http://www.sciencenetlinks.org/interactives/germs\_resource.html">http://www.sciencenetlinks.org/interactives/germs\_resource.html</a> - give this link a quick look and you'll see the differences between them

**KimberlySL**: okay - let's just focus on viruses

**KimberlySL**: of course the one in the news has been the swine flu - H1N1

**KimberlySL**: another virus that we deal with is the cold virus

**KimberlySL**: so how do you know whether you have a cold or the flu

**LaurenF**: the fever!

 $\textbf{KimberlySL}: \underline{\text{http://www3.niaid.nih.gov/topics/Flu/PDF/sick.pdf}} \text{- click on this}$ 

resources

**KimberlySL**: it is a nice table that indicates the difference between the two

**KimberlySL**: Another difference is the way they are transmitted - contact vs. through the

air

**BJB2**: nice that there is a Spanish version also

LaurenF: Yes!

**KimberlySL**: This page includes a link to the podcast but quickly read the transcript - <a href="http://www.sciencenetlinks.com/sci\_update.cfm?DocID=202">http://www.sciencenetlinks.com/sci\_update.cfm?DocID=202</a>

**KimberlySL**: Lauren - do you ever play podcasts to your students?

LaurenF: No, I haven't... not yet!

**KimberlySL**: I think it might mix things up! I'm sure you have auditory learners - it would really help them.

**LaurenF**: That's true - I'm a visual learner, so I sometimes neglect my poor auditory kids!

**KimberlySL**: back to the resource - I guess that wearing a surgical mask would help in decreasing an airborne disease

**BJB2**: one of the news people said that flu viruses go right through the masks

**KimberlySL**: I hadn't heard that but I do know that you can by masks with different size mesh

**KimberlySL**: <a href="http://tinyurl.com/c5kcge">http://tinyurl.com/c5kcge</a> - this is a blog post that really covers a lot

**KimberlySL**: It starts with a really nice activity to do with students - it helps them get involved/be active learners

**KimberlySL**: Another lesson that is highlighted is Epidemic - <a href="http://www.pbs.org/wgbh/pages/frontline/teach/lost/lesson3.html">http://www.pbs.org/wgbh/pages/frontline/teach/lost/lesson3.html</a>

**LaurenF**: Kimberly, BJ - thank you for inviting me in here. I unfortunately have to leave now.

**KimberlySL**: The recommended levels are 9-12 but I wonder if you could have students do the activity (infecting each other by pouring water/sharing water in water glasses)

**BJB2**: thanks for taking some time to join the discussion, Lauren.

**KimberlySL**: and not have the big discussion

**BJB2**: I hope you will participate in more of the Tapped In calendar events!

KimberlySL: Lauren - sorry you have to leave but check out http://msteacher2.org

**LaurenF**: I think I will - Thank you! :D

**LaurenF** left the room (signed off).